

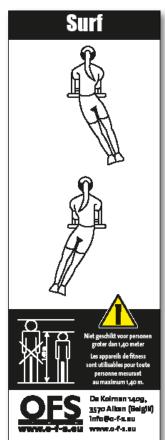
Because outdoor fitness is even more satisfying!



OFS100711
106 x 64 x
106 cm
270 x 240 cm
50 x 50 x 50 cm,
must be secured
in position with
concrete.
kg
0.6 m ³

6

Each piece of equipment has a specific sticker, detailing how to use the equipment in pictogram form and with a warning against improper use (size of the user).



Surf for kids

Target group	2 Children
Description of materials	Metal construction, welded, blasted, galvanised (or metallised), with epoxy coating
Description of equipment	Central support fitted with two laterally moving footrests. Equipped with dual hand grips to top.
Function	Strengthens the muscles in the lower back and lumbar region, as well as the oblique abdominal muscles and the lateral gluteal muscles. Improves the coordination of the above muscles, whilst increasing the load-bearing capacity and stability of the lower back / torso and hips.
Usage	Pay attention to your posture; stand up straight. Slowly swing out to the side and hold the position for five seconds. Seniors: quick, rhythmic movement with low swing height