

Because doing fitness outdoors is even more beneficial!



Leg Stretch

Description of materials	Metal construction, welded, blasted, galvanised (or metallised), with epoxy coating
Function	Support that can be used in various stretching exercises for the muscles of the upper and lower limbs and for the upper and lower back muscles.
Usage	Place one leg on the rail and bend as far forward as possible. Repeat this exercise with the other leg.

Type	OFS100309
Dim.	93 x 81 x
	113 cm
Space	355 x 385 cm
Montage	50 x 50 x 70 cm,
	must be secured
	in position with
	concrete.
Weight	30 kg
Volume	0,3 m ³



Each piece of equipment has a specific sticker, detailing how to use the equipment in pictogram form and with a warning against improper use (size of the user).

