



Black/grey
is the standard colour,
but all RAL colours
are available.

Waistline

Description of materials	Metal construction, welded, blasted, galvanised (or metallised), with epoxy coating
Function	Improve the rotational mobility of the lower section of the spinal column in particular, with the aid of the oblique abdominal muscles and lumbar muscles.
Usage	Take hold of the grip, step onto the turntable and rotate the lower body to the left and right.

Type	OFS100320
Dim.	130 x 146 x 115 cm
Space	450 x 435 cm
Montage	50 x 50 x 70 cm, must be secured in position with concrete.
Weight	70 kg
Volume	0,3 m ³



Each piece of equipment has a specific sticker, detailing how to use the equipment in pictogram form and with a warning against improper use (size of the user).

Waistline

Niet geschikt voor personen kleiner dan 1,40 meter
Les appareils de fitness sont utilisables pour toute personne mesurant au minimum 1,40 m.

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